



BREAKFAST @SCHOOL

For first-class learning!

Middle School Breakfast Menu

Featuring
Healthy Fruits
& Grains!

BREAKFAST MENU 2017-2018

This institution is an equal opportunity provider. Menu is subject to change.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|--------------------|---|--------------------|-----------------------|
| Mini Pancakes | Breakfast Sandwich | Piggiestick (pancake wrapped sausage link) | Breakfast Sandwich | Breakfast Burrito |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Mini Waffles | Breakfast Egg Bowl | Piggiestick (pancake wrapped sausage link) | Breakfast Sandwich | Cinnamon French Toast |

Milk Options:

- Skim
- Low Fat (1%)
- Non-Fat Chocolate
- Non-Fat Strawberry

Fruit Options: (All meals must contain 1 serving of fruit, students may select 2 fruit options with breakfast)

Assorted Fresh & Cupped Fruit will be available daily

100% Fruit Juice

Breakfast Items Available Daily

(all items are whole grain rich)

- | | |
|-------------------------------------|---------------------------|
| Bagel w/ Cream Cheese | Crunchmania Grahams |
| Assorted Mini Bagel w/ Cream Cheese | Cinni Minis |
| Banana Bread | Assorted Frudels |
| Assorted Cereal | Assorted Nutri-Grain Bars |
| Cinnamon Roll | Assorted Muffins |
| Breakfast Bites | Assorted Yogurt |
| | Assorted PopTarts |

Menu Subject to Change

Breakfast Prices

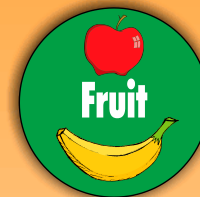
All Colonial Elementary Students will receive their first Breakfast & Lunch Meals at no cost.

Second Breakfast Price: \$0.95

Adult Meal Price:
Breakfast: \$2.40
Lunch: \$3.60

First things First

To make a breakfast,
choose at least one



OR



and at
least
three
items
total



COLONIAL SCHOOL DISTRICT
NUTRITION SERVICES